

# NEW YEAR'S EVE SCHEDULE

TUESDAY, DECEMBER 31

CLUB 5:00AM-4:00PM  
TENNIS 7:00AM-4:00PM  
KIDS' CLUB/YAC 8:00AM-1:00PM

6:00 - 6:45 AM	Barre	Ruby	Studio 2
6:00 - 7:00 AM	LM BODYPUMP	Jim	Studio 1
6:00 - 7:00 AM	<b>Thermal 60</b>	Danielle	<b>JADE</b>
7:00 - 7:45 AM	Rebound45	Emma	Studio 2
8:15 - 9:15 AM	Cycling	Carol	Cyc
8:20 - 9:20 AM	LM BODYPUMP	Payton	Studio 1
8:30 - 9:30 AM	Barre ▶	Tyra	Studio 2
9:00-10:00AM	Hatha ▶	Ariella	Jade
9:00-10:00AM	Deep Water	Jeanette	Pool
9:30-10:30AM	Power Hour	Emma	Studio 1
9:30-10:30AM	\$Reformer\$	Tyra	Swan
10:05-10:25AM	Guided Meditation	Ariella	JADE
10:00-10:55AM	Barre	Christy	Studio 2
10:00-11:00AM	HIT FIT	Geraldine	SGPT
10:30-11:30AM	Tai Chi	Marek	JADE
11:00-11:55AM	Pilates Mat	Roya	Studio 2
12:00-1:00PM	\$Reformer\$	Julie	Swan
11:00-11:55AM	Barre	Christy	Opal
12:00-1:00PM	<b>Power Flow</b>	Tonya	<b>JADE</b>
12:05-1:05PM	Cardio Dance	Monica M	Studio 2
12:15-1:15PM	LM BODYPUMP	Geraldine	Studio 1

**Jade** INDICATES HEATED CLASS   \$ INDICATES PAID PROGRAMMING   ▶ INDICATES LIVESTREAM  
▶ SEE CLUB GREENWOOD APP FOR LES MILLS VIRTUAL CLASSES