

Proclamation

WHEREAS, exercise and recreational activities increase Coloradans' ability to prevent a variety of diseases, including obesity, diabetes, stroke, and heart disease; and

WHEREAS, exercise and recreational activities can enhance Coloradans' mental health and overall sense of well-being; and

WHEREAS, Colorado has unparalleled outdoor recreation opportunities; and

WHEREAS, all Coloradans deserve equitable access to physical fitness, whether at their home, in the great outdoors or provided at a local gym, health club, recreational facility or other fitness venue; and

WHEREAS, amidst the pandemic, Colorado's fitness community, including the Colorado Fitness Coalition, has championed COVID-19 precautions while encouraging the continued importance of exercise for the physical and mental well-being of Coloradans; and

WHEREAS, Colorado's fitness operators adapted their offerings to help curb the spread of COVID-19, while allowing Coloradans to retain their active and healthy lifestyles; and

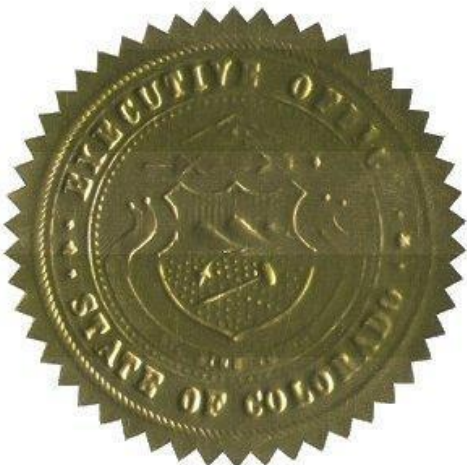
WHEREAS, the State of Colorado, as one of the fittest and healthiest states in nation, recognizes the Colorado fitness community for adapting to and enduring the challenges posed by the pandemic, allowing thousands of Coloradans across the State to safely and responsibly maintain and improve their physical and mental health through exercise during the COVID-19 pandemic;

THEREFORE, I, Jared Polis, Governor of the State of Colorado, do hereby proclaim the month of May 2021 as

COLORADO FITNESS MONTH

in the State of Colorado.

*GIVEN under my hand and the
Executive Seal of the State of
Colorado, this first day of May, 2021*



*Jared Polis
Governor*