

# OUTDOOR POOL SCHEDULE

APRIL 2026 | Updated 3/26/26 Subject to change.

MONDAY	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:30	
LANE 6	MASTERS 5:30-6:45am							MASTERS 11:00am-12:00pm								
LANE 5																
LANE 4																
LANE 3																
LANE 2																
LANE 1																

TUESDAY	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:30
LANE 6							MASTERS 11:00am-12:00pm								
LANE 5															
LANE 4															
LANE 3															
LANE 2															
LANE 1															
													GTS 5:30-7:30pm		

WEDNESDAY	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:30
LANE 6	MASTERS 5:30-6:45am														
LANE 5															
LANE 4															
LANE 3															
LANE 2															
LANE 1															

THURSDAY	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:30
LANE 6							MASTERS 11:00am-12:00pm								
LANE 5															
LANE 4															
LANE 3															
LANE 2															
LANE 1															
													GTS 5:30-7:30pm		

FRIDAY	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	6:30
LANE 6	MASTERS 5:30-6:45am														
LANE 5															
LANE 4															
LANE 3															
LANE 2															
LANE 1															

SATURDAY	6:00	7:00	8:00	9:00	10:30	11:00	12:00	4:30
LANE 6			PICK-UP SWIM 8:00-9:00AM					
LANE 5								
LANE 4								
LANE 3								
LANE 2								
LANE 1								

SUNDAY	6:00	7:00	8:00	9:00	10:30	11:00	12:00	5:30
LANE 6			MASTERS 8:00-9:15am					
LANE 5								
LANE 4								
LANE 3								
LANE 2								
LANE 1								

## KEY

Lane 1 – East Lane 6 – West  
 \*Lifeguards on Duty: Monday-Friday 11:00am-5:00pm  
 Saturday, Sunday + Holidays 10:30am-5:00pm

Lap Swim

## POOL POLICIES, RULES AND ETIQUETTE

- **NO LIFEGUARD ON DUTY, SWIM AT YOUR OWN RISK!**
- In event of inclement weather lane availability may be affected: if GTS, Masters, Camp Greenwood is moved indoors.
- Please refer to Club Greenwood Swim Policies.
- Must be 13 years old and have Junior Certificate to use pool without parental supervision. Please refer to Club Greenwood Youth Policy.
- LAP SWIM is for lap swimmers,. No diving. Sharing lanes:
  - Inform the person when you enter the lane.
  - If two swimmers, split the lane or circle swim.
- **PRIVATE LESSONS MAY TAKE PLACE IN OPEN LANES.**

## EVENTS AND SPECIAL NOTES

- Pool closes 30 minutes prior to the club closing.
- Private lessons and birthday parties may take place in open lanes.

SCAN FOR POOL SCHEDULE



**SWIM CONDITIONING**

**WEDNESDAY, APRIL 8 DUE TO ALL STAFF MEETING ON APRIL 9 FROM 6:45-7:45PM LANES 1-4.**

**SATURDAYS 8:00-9:00AM, MASTERS PICKUP SWIMMING UNOFFICIAL PRACTICE**

**LIFEGUARD TRAINING – APRIL 19**

**INDOOR LANES 3 & 4 AND OUTDOOR LANES 4-6 THROUGHOUT THE DAY SPLIT WITH CLASSROOM AND WATER TRAINING**

**APRIL 9 : CLUB CLOSES EARLY: CLUB ALL STAFF MEETING**

**GTS: APRIL 9TH**

**FISH & SHARK: NO SWIM PRACTICE**

**SENIOR / SENIOR PREP: REGULAR DRYLAND IN STUDIO 4, NO SWIM**

# INDOOR POOL SCHEDULE

APRIL 2026 | Updated 3/26/26 | Subject to change.

MONDAY	5:00	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	8:00
LANE 1		GTS 5:30-7:00am											GTS 4:15-7:30pm			
LANE 2		GTS 5:30-7:00am											GTS 4:15-7:30pm			
LANE 3		GTS 5:30-7:00am											GTS 4:15-7:30pm			
LANE 4		GTS 5:30-7:00am											GTS 4:15-7:30pm			
LANE 5		GTS 5:30-7:00am				Shallow H2O 9-10am							GTS 4:15-7:30pm			
LANE 6		GTS 5:30-7:00am				8:45am Move Ropes							GTS 4:15-7:30pm			
LANE 7		GTS 5:30-7:00am					PARENT TOT						Lessons 4:00-6:15pm			
LANE 8		GTS 5:30-7:00am											Lessons 4:00-6:15pm			

TUESDAY	5:00	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	8:00
LANE 1						Deep H2O 9-10am							GTS 4:15-6:30pm			SWIM COND 6:30- 7:45PM
LANE 2						8:45am Move Ropes							GTS 4:15-6:30pm			SWIM COND 6:30- 7:45PM
LANE 3													GTS 4:15-6:30pm			SWIM COND 6:30- 7:45PM
LANE 4													GTS 4:15-6:30pm			SWIM COND 6:30- 7:45PM
LANE 5													GTS 4:15-6:30pm			SWIM COND 6:30- 7:45PM
LANE 6													GTS 4:15-6:30pm			SWIM COND 6:30- 7:45PM
LANE 7													GTS 4:15-6:30pm			SWIM COND 6:30- 7:45PM
LANE 8													Lessons 4:00-6:15pm			

WEDNESDAY	5:00	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	8:00
LANE 1		GTS 5:30-7:00am											GTS 4:15-7:30pm			
LANE 2		GTS 5:30-7:00am											GTS 4:15-7:30pm			
LANE 3		GTS 5:30-7:00am											GTS 4:15-7:30pm			
LANE 4		GTS 5:30-7:00am											GTS 4:15-7:30pm			
LANE 5		GTS 5:30-7:00am				Shallow H2O 9-10am							GTS 4:15-7:30pm			
LANE 6		GTS 5:30-7:00am				8:45am Move Ropes							GTS 4:15-7:30pm			
LANE 7		GTS 5:30-7:00am											GTS 4:15-7:30pm			
LANE 8		GTS 5:30-7:00am											Lessons 4:00-6:15pm			

THURSDAY	5:00	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	8:00
LANE 1						Deep H2O 9-10am			ADULT SWIM COND 12:00-1:00PM				GTS 4:15-6:30pm			SWIM COND 6:30- 7:45PM
LANE 2						8:45am Move Ropes			ADULT SWIM COND 12:00-1:00PM				GTS 4:15-6:30pm			SWIM COND 6:30- 7:45PM
LANE 3									ADULT SWIM COND 12:00-1:00PM				GTS 4:15-6:30pm			SWIM COND 6:30- 7:45PM
LANE 4									ADULT SWIM COND 12:00-1:00PM				GTS 4:15-6:30pm			SWIM COND 6:30- 7:45PM
LANE 5									ADULT SWIM COND 12:00-1:00PM				GTS 4:15-6:30pm			SWIM COND 6:30- 7:45PM
LANE 6									ADULT SWIM COND 12:00-1:00PM				GTS 4:15-6:30pm			SWIM COND 6:30- 7:45PM
LANE 7									ADULT SWIM COND 12:00-1:00PM				GTS 4:15-6:30pm			SWIM COND 6:30- 7:45PM
LANE 8									ADULT SWIM COND 12:00-1:00PM				Lessons 4:00-6:15pm			

FRIDAY	5:00	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	8:00
LANE 1		GTS 5:30-7:00am				Deep H2O 9-10am							GTS 4:15-6:30pm			
LANE 2		GTS 5:30-7:00am				8:45am Move Ropes							GTS 4:15-6:30pm			
LANE 3		GTS 5:30-7:00am											GTS 4:15-6:30pm			
LANE 4		GTS 5:30-7:00am											GTS 4:15-6:30pm			
LANE 5		GTS 5:30-7:00am											GTS 4:15-6:30pm			
LANE 6		GTS 5:30-7:00am											GTS 4:15-6:30pm			
LANE 7		GTS 5:30-7:00am											GTS 4:15-6:30pm			
LANE 8		GTS 5:30-7:00am											Lessons 4:00-6:15pm			

SATURDAY	6:00	7:00	8:00	9:00	10:00	11:00	12:00	5:30
LANE 1		GTS 7:00-9:00am		STROKE SCHOOL 9:00- 10:00am	LESSONS 10:00am- 12:00pm			
LANE 2		GTS 7:00-9:00am		STROKE SCHOOL 9:00- 10:00am	LESSONS 10:00am- 12:00pm			
LANE 3		GTS 7:00-9:00am		STROKE SCHOOL 9:00- 10:00am	LESSONS 10:00am- 12:00pm			
LANE 4		GTS 7:00-9:00am		STROKE SCHOOL 9:00- 10:00am	LESSONS 10:00am- 12:00pm			
LANE 5		GTS 7:00-9:00am		STROKE SCHOOL 9:00- 10:00am	LESSONS 10:00am- 12:00pm			
LANE 6		GTS 7:00-9:00am		STROKE SCHOOL 9:00- 10:00am	LESSONS 10:00am- 12:00pm			
LANE 7		GTS 7:00-9:00am		STROKE SCHOOL 9:00- 10:00am	LESSONS 10:00am- 12:00pm			
LANE 8		GTS 7:00-9:00am		STROKE SCHOOL 9:00- 10:00am	LESSONS 10:00am- 12:00pm			

SUNDAY	6:00	7:00	8:00	9:00	10:00	11:00	12:00	5:30
LANE 1								
LANE 2								
LANE 3								
LANE 4								
LANE 5								
LANE 6								
LANE 7								
LANE 8								

### KEY

Lane 1 – West Lane 8 – East

Lap Swim

### POOL POLICIES, RULES AND ETIQUETTE

- **NO LIFEGUARD ON DUTY, SWIM AT YOUR OWN RISK!**
- In event of inclement weather lane availability may be affected:
  - if GTS, Masters, Camp Greenwood is moved indoors.
  - Please refer to Club Greenwood Swim Policies.
  - Must be 13 years old and have Junior Certificate to use pool without parental supervision. Please refer to Club Greenwood Youth Policy.
  - LAP SWIM is for lap swimmers, water walkers and other water exercise. No diving. Sharing lanes:
    - Inform the person when you enter the lane.
    - If two swimmers, split the lane or circle swim.
- **PRIVATE LESSONS MAY TAKE PLACE IN OPEN LANES.**

### EVENTS AND SPECIAL NOTES

- Pool closes 30 minutes prior to the club closing.
- Private lessons and birthday parties may take place in open lanes.

SCAN FOR POOL SCHEDULE



**WATER FITNESS CLASSES START MOVING LANE ROPES AT 8:45AM**

**SCHOOL DAYS OUT CAMP: LANE 8  
11:00-12:00PM AND 12:30-1:30PM  
APRIL 17, 20**

**LIFEGUARD TRAINING – APRIL 19  
INDOOR LANES 3 & 4 AND OUTDOOR LANES 4-6 THROUGHOUT THE  
DAY SPLIT WITH CLASSROOM AND WATER TRAINING  
APRIL 9 : CLUB CLOSES EARLY: CLUB ALL STAFF MEETING  
GTS: APRIL 9TH  
FISH & SHARK: NO SWIM PRACTICE  
SENIOR / SENIOR PREP: REGULAR DRYLAND IN STUDIO 4, NO SWIM  
PRACTICE**