

OUTDOOR POOL SCHEDULE

SEPTEMBER 2026 | Updated 8/28/26 | Subject to change.

MONDAY	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:30
LANE 6	MASTERS 5:30-6:45am						MASTERS 11:00am-12:00pm			REC SWIM					
LANE 5															
LANE 4															
LANE 3															
LANE 2															
LANE 1															

TUESDAY	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:30
LANE 6							MASTERS 11:00am-12:00pm		REC SWIM		POOL FLOAT 12:30-3:30pm	NO FLOAT AFTER 9/7	REC SWIM		GTS 5:30-7:30pm
LANE 5															
LANE 4															
LANE 3															
LANE 2															
LANE 1															

WEDNESDAY	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:30
LANE 6	MASTERS 5:30-6:45am														
LANE 5															
LANE 4															
LANE 3															
LANE 2															
LANE 1															

THURSDAY	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:30
LANE 6							MASTERS 11:00am-12:00pm		REC SWIM		POOL FLOAT 12:30-3:30pm	NO FLOAT AFTER 9/7	REC SWIM		GTS 5:30-7:30pm
LANE 5															
LANE 4															
LANE 3															
LANE 2															
LANE 1															

FRIDAY	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	6:30
LANE 6	MASTERS 5:30-6:45am														
LANE 5															
LANE 4															
LANE 3															
LANE 2															
LANE 1															

SATURDAY	6:00	7:00	8:00	9:00	10:30	11:00	12:00	4:30
LANE 6			PICK UP SWIM 8:00-9:00am					
LANE 5								
LANE 4								
LANE 3								
LANE 2								
LANE 1								

SUNDAY	6:00	7:00	8:00	9:00	10:30	11:00	12:00	5:30
LANE 6			MASTERS 8:00-9:30am					
LANE 5								
LANE 4								
LANE 3								
LANE 2								
LANE 1								

KEY

Lane 1 – East Lane 6 – West

*Lifeguards on Duty: Monday-Friday 11:00am-5:00pm

Saturday, Sunday + Holidays 10:30am-5:00pm

Lap Swim

POOL POLICIES, RULES AND ETIQUETTE

- **NO LIFEGUARD ON DUTY, SWIM AT YOUR OWN RISK!**
- In event of inclement weather lane availability may be affected: if GTS, Masters, Camp Greenwood is moved indoors.
- Please refer to Club Greenwood Swim Policies.
- Must be 13 years old and have Junior Certificate to use pool without parental supervision. Please refer to Club Greenwood Youth Policy.
- LAP SWIM is for lap swimmers. No diving. Sharing lanes:
 - Inform the person when you enter the lane.
 - If two swimmers, split the lane or circle swim.
- **PRIVATE LESSONS MAY TAKE PLACE IN OPEN LANES.**

EVENTS AND SPECIAL NOTES

- Pool closes 30 minutes prior to the club closing.
- Private lessons and birthday parties may take place in open lanes.

***LIFEGUARDS AND POOL FLOAT SEPTEMBER 5-7 LABOR DAY
11:30-4:00PM
POOL CLOSURES AT 4:30PM AND THE CLUB CLOSURES AT 5PM**

***LABOR DAY MASTERS SWIM 7:00-8:15AM
NO 11:00AM PRACTICE**

***SATURDAYS 8:00-9:00AM, MASTERS PICKUP SWIMMING,
UNOFFICIAL PRACTICE**

***SEPTEMBER 13 – 7:30-11:00AM – POOL RESERVED FOR KIDS' TRI**

NO GTS PRACTICE: SEPTEMBER 5, 7, 25, 26

INDOOR POOL SCHEDULE

SEPTEMBER 2026 | Updated 8/28/26 | Subject to change.

MONDAY	5:00	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	8:00
LANE 1		GTS 5:30-7:00am											GTS 4:00-7:30pm			
LANE 2																
LANE 3																
LANE 4																
LANE 5																
LANE 6						Shallow H2O 9-10am										
LANE 7						8:45am Move Ropes							Lessons 4:00-6:15pm			
LANE 8							PARENT TOT									

TUESDAY	5:00	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	8:00
LANE 1						Deep H2O							GTS 4:00-6:30pm			
LANE 2						9-10am										
LANE 3						8:45am										
LANE 4						Move Ropes										
LANE 5																
LANE 6																
LANE 7													Lessons 4:00-6:15pm			
LANE 8																

WEDNESDAY	5:00	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	8:00
LANE 1		GTS 5:30-7:00am											GTS 4:00-7:30pm			
LANE 2																
LANE 3																
LANE 4																
LANE 5						Shallow H2O 9-10am										
LANE 6						8:45am Move Ropes										
LANE 7													Lessons 4:00-6:15pm			
LANE 8																

THURSDAY	5:00	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	8:00
LANE 1						Deep H2O							GTS 4:00-6:30pm			
LANE 2						9-10am										
LANE 3						8:45am			Adult Swim Cond.							
LANE 4						Move Ropes										
LANE 5																
LANE 6																
LANE 7													Lessons 4:00-6:15pm			
LANE 8																

FRIDAY	5:00	5:30	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	8:00
LANE 1		GTS 5:30-7:00am				Deep H2O							GTS 4:00-6:30pm			
LANE 2						9-10am										
LANE 3						8:45am										
LANE 4						Move Ropes										
LANE 5																
LANE 6																
LANE 7													Lessons 4:00-6:15pm			
LANE 8																

	7:00	8:00	9:00	10:00	11:00	12:00	5:30
LANE 1	GTS 7:00-9:00am		STROKE SCHOOL 9:00- 10:00am	LESSONS 10:00am- 12:00pm			
LANE 2							
LANE 3							
LANE 4							
LANE 5							
LANE 6			LESSONS 9:00- 10:30am				
LANE 7							
LANE 8							

SUNDAY	7:00	8:00	9:00	10:00	11:00	12:00	5:30
LANE 1							
LANE 2							
LANE 3							
LANE 4							
LANE 5							
LANE 6							
LANE 7							
LANE 8							

KEY

Lane 1 – West Lane 8 – East

Lap Swim

POOL POLICIES, RULES AND ETIQUETTE

- **NO LIFEGUARD ON DUTY, SWIM AT YOUR OWN RISK!**
- In event of inclement weather lane availability may be affected: if GTS, Masters, Camp Greenwood is moved indoors.
- Please refer to Club Greenwood Swim Policies.
- Must be 13 years old and have Junior Certificate to use pool without parental supervision. Please refer to Club Greenwood Youth Policy.
- LAP SWIM is for lap swimmers, water walkers and other water exercise. No diving. Sharing lanes:
 - Inform the person when you enter the lane.
 - If two swimmers, split the lane or circle swim.
- **PRIVATE LESSONS MAY TAKE PLACE IN OPEN LANES.**

EVENTS AND SPECIAL NOTES

- Pool closes 30 minutes prior to the club closing.
- Private lessons and birthday parties may take place in open lanes.

WATER FITNESS CLASSES START MOVING LANE ROPES AT 8:45AM

NO GTS PRACTICE: SEPTEMBER 5, 7, 25, 26