

EASTER SCHEDULE

SUNDAY, APRIL 9

CLUB 6:00AM – 2:00PM
TENNIS 7:00AM – 2:00PM
KIDS' CLUB/YAC 8:00AM – 1:00PM

8:00-9:00AM	Align and Flow	Danessa	Jade
8:30-9:30AM	Barre	Monica	Studio 2
9:00-10:00AM	HIIT	Jim	Studio 1
9:00-10:00AM	Cycling	Jen	Cycle
9:30-10:45AM	Thermal Yoga® 75	Danessa	Jade
10:00-11:00AM	Reformer Pilates \$	Madison	Swan
10:00-11:00AM	Barre	Monica	Studio 2
10:00-11:00AM	HIT FIT	Rob	SGPT
10:15-11:15AM	BODYPUMP	Jim	Studio 1
11:15-12:30PM	Thermal Yoga® 75	Danessa	Jade
11:30-12:30PM	ZUMBA ▶	Kathy	Studio 1
1:00-2:00PM	Restorative Yoga	Julia	Jade

▶ SEE CLUB GREENWOOD APP FOR LES MILLS VIRTUAL CLASSES

HEATED CLASS ▶ INDICATES LIVESTREAM \$ INDICATES PAID PROGRAMMING

No Martial Arts and Boxing classes will be offered this day.

REGULAR HOURS ON SATURDAY APRIL 8