


# EASTER SCHEDULE

SUNDAY, MARCH 31

CLUB 6:00AM – 2:00PM  
TENNIS 7:00AM – 2:00PM  
KIDS' CLUB/YAC 8:00AM – 1:00PM

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8:00-9:00AM	Align and Flow	Ariella	Jade
8:30-9:30AM	Barre	Ruby	Studio 2
9:00-10:00AM	HIIT	Jim	Studio 1
9:00-10:00AM	Hatha	Elena	Opal
9:00-10:00AM	Cycling	Jen	Cycle
9:30-10:45AM	Thermal Yoga® 75	Valerie	Jade
10:00-10:55AM	Reformer Pilates \$	Sam	Swan
10:00-11:00AM	Barre	Ruby	Studio 2
10:15-11:15AM	BODYPUMP	Jim	Studio 1
11:15-12:30PM	Thermal Yoga® 75	Valerie	Jade
11:30-12:30PM	ZUMBA 	Kathy	Studio 1

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 SEE CLUB GREENWOOD APP FOR LES MILLS VIRTUAL CLASSES

HEATED CLASS  INDICATES LIVESTREAM \$ INDICATES PAID PROGRAMMING

No SGPT classes will be offered this day.

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REGULAR HOURS ON SATURDAY MARCH 30