

THANKSGIVING DAY

SCHEDULE

THURSDAY, NOVEMBER 26

CLUB	5:00AM – 2:00PM
TENNIS	5:30AM – 2:00PM
KIDS' CLUB/YAC	8:00AM – 1:00PM

6:00 - 7:00 AM	Thermal Yoga60	Elena H	Jade
8:20 - 9:20 AM	BODYPUMP	Penny	Studio 1
8:30 - 9:30 AM	Barre	Wendy	Opal
8:45 - 9:45 AM	Power Ride	Dennis	Cycling
9:00 - 9:50 AM	HIIT	Geraldine	Studio 2
9:00 - 10:00 AM	Hatha	Venus	Jade
9:00 - 10:00 AM	Deep Water	Sara	Indoor Pool
10:00 - 10:55 AM	Barre	Ruby	Opal
10:00 - 11:00 AM	Hit Fit	Alex	SGPT
10:00 - 11:00 AM	Total Body Strength	Geraldine	Studio 1
10:30 - 11:30 AM	Align & Flow	Ariella	Jade

Jade INDICATES HEATED CLASS $ INDICATES PAID PROGRAMMING

SEE CLUB GREENWOOD APP FOR LES MILLS VIRTUAL CLASSES

No Pickleball, Pilates, or SGPT classes will be offered this day.

CLUB GREENWOOD